Name:	Name	:
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Child/Adolescent Symptom Checklist

Check all symptoms your child is experiencing:

- Fails to give close attention to detail or makes careless mistakes
- Difficulty paying attention to tasks or play activities
- o Does not seem to listen when spoken to directly
- o Difficulty organizing tasks and activities
- Avoids doing tasks that require a lot of mental effort
- Loses things necessary for tasks
- o Easily distracted by other things going on
- o Forgetful in daily activities
- o Fidgets with hands or feet, squirms in seat
- o Difficulty remaining seated when asked to do so
- o Runs about or climbs when asked not to
- o Difficulty playing quietly
- o Is on the go or acts as if driven by a motor
- Talks excessively
- O Blurts out answers to questions before they have been completed
- Has difficulty awaiting a turn in groups
- Interrupts people or butts into other children's activities
- o Loses temper
- o Argues with adults
- o Defies or refuses what you tell them to do
- O Does things to deliberately annoy others
- o Blames others for own misbehavior or mistakes
- O Touchy or easily annoyed by others
- o Angry and resentful
- o Takes anger out on others or tries to get even
- o Breaks a lot of rules
- o In trouble for cursing or swearing
- o Parents dislike by friends
- o Takes things that belongs to others
- Fight/urge to hurt others
- o Use until alcohol or drugs are gone
- O Trying to cut down on alcohol or drugs
- o Family members concerned about my use
- o Blame others for my alcohol or drug use
- o Loss of memory after using alcohol or drugs
- Miss school to use alcohol or drugs

Signature:		 	
Date:			



- Overconcerned about abilities in academic, athletic, or social activities
- Has difficulty controlling worries
- o Acts restless or edgy
- o Is irritable for most of the day
- o Is extremely tense or unable to relax
- o Has difficulty falling asleep or staying asleep
- Complains about physical problems e.g. headache, upset stomach for which there is no apparent cause
- Shows excessive fear to specific objects or situations e.g. animals, storms, insects
- Cannot get distressing thoughts out of his/her mind
- Feels compelled to perform unusual habits
- Has experienced an upsetting event and continues to be bothered by it.
- O Does unusual movements for no apparent reason
- o Makes vocal sounds for no apparent reason
- o Depressed for most of the day
- Shows little interest in or enjoyment of pleasurable activities
- o Thinking about dying or killing myself
- o Feels worthless or guilty
- Low energy level or is tired for no apparent reason
- Has little confidence
- o Feels things never work out right
- Experienced a change in normal appetite or weight
- o Experienced a change in normal sleeping habits
- Experienced a big change in normal activity level
- o Experienced a change in ability to concentrate
- Avoids eye contact
- Does not play or relate with other children
- Excessive preoccupation with one topic
- Makes strange repetitive movements e.g. flapping arms
- Upset when child expects to be separated from home or parents
- O Afraid to go to sleep unless near parent
- Wets bed at night
- Wets or soils underwear during daytime hours